



St. Joseph's Catholic School

757 West Burnside Rd. - Victoria, BC V8Z 1M9

St. Joseph's School acknowledges with gratitude that we work, play and pray on the territory and traditional lands of the Lekwungen Speaking Peoples of the Songhees and Esquimalt First Nations whose historical relationship with the land continues today.

Phone: (250) 479-1232 - Fax: (250) 479-1907

Email: sjv@cisdv.bc.ca

www.stjosephschool.ca

Out of School Care, Daycare & Preschool

Phone: (250) 479-1237

Email: sjvelc@cisdv.bc.ca

<https://www.facebook.com/groups/272859616539977> (SJV Parent Support Group Page)

Newsletter
January 17th, 2025



Living,
CELEBRATING
and Proclaiming
OUR FAITH

PRINCIPAL'S MESSAGE:



Dear Families of St. Joseph,

How are your New Year's resolutions going? I bet we **all** are discovering again that change is hard. Let's not give up - our gift of our freedom needs to be exercised; again and again and again.

It is interesting that this first month is named January after the Roman God Janus, who is depicted with two faces looking in the opposite direction. He was the god of transitions, beginnings and fresh starts. The two faces symbolize the different ways we can visualize or choose to look at things. We are free and our choices lead us in one direction rather than another. In our first assembly of 2025 this week, we again encouraged our students to affirm the gift of their freedom and make good decisions and choices. Our choices feed and create the person we will become.

There is a story of a wise, First Nations grandfather who was talking to his grandson about life. He told the boy that life is filled with temptations, and it feels like there are two hungry wolves living inside our hearts. One wolf is caring, generous and positive and the other wolf is uncaring, selfish and negative. They both seem to be in a fight to win. The boy asked, "but which wolf will win?" The grandfather paused and looked tenderly at the boy, "The one you feed."

Wishing you all a caring, generous and positive week. Go Timberwolves!



In Gratitude,

Glen Palahicky

Principal, St. Joseph's School

Wolf Transformation
-Mark Gault
Coast Salish Art



TC10K

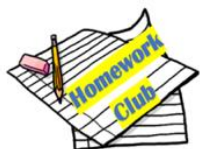
Looking for a fun way to get active and support our school community? Join the St. Joseph's team for the Time Colonist 10K Run! It's a great opportunity for families to get outside, get moving, and cheer each

other on. Whether you're an experienced runner or just want to walk, everyone is welcome to participate. The event includes a 10km walk/run, 1.5km Family Fun Run, and a post-race festival.

Let's show our school spirit, stay healthy, and have a blast together. Don't miss out—sign up today and be part of the team!

https://raceroster.com/events/2025/95989/36th-annual-tc10k-powered-by-runsport/register?team=743662_ - Early Bird deadline is Jan. 31st

GO TIMBERWOLVES!



HOMework CLUB

Monday to Thursday 2:40-3:10pm.



HIGH SCHOOL APPLICATION

St. Andrew's High School applications went home with Grade 7 students today.

The deadline to drop applications at the High School is Feb. 21*.



PLEASE SLOW DOWN

With the upcoming construction this is friendly reminder to please slow down and drive carefully in the parking lot. Student safety is always our first priority.



SAVE THE DATE!

Free Parent Presentation Sponsored by our Parent Support Group.

Tuesday, February 11th, 7:00 - 8:00 pm

Guest Speaker: Shannon Husk. Registered Clinical Counsellor

Topic: Digital Health and Helping our Children and Youth Navigate the Digital World.

CHEESE!



WEEKLY SNAPSHOTS

Take a deep breath...Mr. Crijenkovic, a Respiratory Therapist with Island Health, gave the Grade 5s a presentation on the respiratory system today, including a very hands on demonstration.





shutterstock.com - 120943016

DANCE CLASSES NEWS!

Dear Parents of Irish Dancers,

Due to the upcoming construction that is due to begin next week we will need to alter where the students enter the gym for classes. As of Monday, January 20th, 2025 students will need to come around to the back of the school and enter the gym through the same door which the Before School Students use to enter. It is directly opposite the Preschool. I will be there prior to class to greet the students as usual. I do not think it will take long for the students to get use to the new routine.

If you have any questions please email me at ghiggins@cisdv.bc.ca .

Sincerely,

Mrs. G. Higgins

WINTER SPORTS PRACTICES

Schedule	Mon	Tues	Wed	Thurs	Fri
8:00-8:30am	K+D Boys Volleyball (7:40-8:20)	Jr. Dance (7:40-8:30)	Prim. Dance (7:40-8:30)	Sr. Dance (7:40-8:30)	
11:55-12:25pm	B+C Girls Volleyball	Jazz Dance	D Boys Volleyball		Choir Practice
2:45-3:30pm	Musical Rehearsal	B+C Girls Volleyball (2:45-3:45)	Musical Rehearsal	K Boys Volleyball (2:45-3:30)	Musical Rehearsal

THE WOLF DEN

EVENTS 2025

UPCOMING

JAN VOLLEYBALL
13 PRACTICES BEGIN THIS
WEEK!

JAN GIRLS VOLLEYBALL
28 JAMBOREE

JAN BOYS VOLLEYBALL
30 JAMBOREE

JAN SPORTS CIVVIES DAY!
31

THE WOLF DEN

GRADE FIVE

Basketball

JAMBOREE

FEB
6th

Held at SMUS
Senior School

Girls

9:30-11:30 am

Boys

12:30-2:30 pm



St. Joseph's Elementary School Presents

SISTER ACT JR.

Scan QR to buy tickets



Or search
"Sister Act Junior"
on [Eventbrite.ca](https://www.eventbrite.ca)

Thursday
March 6 | 6:30 pm

Friday
March 7 | 6:30 pm

Saturday
March 8 | 1 pm & 6:30 pm



BAKE SALES

1st FRIDAY OF THE MONTH

Oct 4th - Grade 7
Nov 8th - Grade 6
Dec 6th - Grade 5
Jan 10th - Grade 4

Feb 14th - Grade 3
Mar 7th - Grade 2
Apr 4th - Grade 1
May 2nd - Kindergarten



NEWS FROM THE CHANCERY



The Week of Prayer for Christian Unity Prayer Service will be held on Sunday, January 19 at 3:00pm. Christians from across Vancouver Island will gather to reflect on and celebrate our common faith. All are welcome to participate, either in person at St. Andrew's Cathedral in Victoria (740 View St), or via the livestream at <https://youtu.be/C0fsyZDAbTA>.



The Camp Homewood Annual Diocesan Retreat for youth in grades 7-12 will be held January 31 – February 2 on Quadra Island. The retreat will be led by FacetoFace Ministries and will include activities like archery and riding, as well as opportunities for prayer, praise, adoration, fellowship and the celebration of the Sacraments of Reconciliation and Eucharist. Youth should register through their parishes. For more information, contact St. Patrick's Parish in Campbell River at 250-287-3498 or stpatricks-cr@rcdvictoria.org



Applications are now being accepted for "Hope on the Horizon", an outreach and leadership program to be held in Vancouver this summer from July 14 – August 22, 2025. Coordinated by the Archdiocese of Vancouver in collaboration with Catholic Street Missionaries, the program is designed to introduce young adults aged 19 – 30 to the life of a street missionary, sharing a life of prayer and service with others who go out into the streets bringing the love of Jesus to the unhoused. For more information and to apply, please visit <https://www.catholicstreetmissionaries.org/horizon>



"Grief to Grace" will be holding a retreat in May in Kelowna. This program is for people who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ, participants are helped to find healing and journey to wholeness. For more information please email griefftoGracekelowna@gmail.com or make a confidential call to 250-808-6403.

ST. JOSEPH'S PARISH

WEEKDAY MASS SCHEDULE:

Monday: 6:30am

Tuesday: 6:30am and 6:00pm

Wednesday: 6:30am and 6:00pm

Thursday: 6:30am and 9:00am

Friday: 6:30am and 9:00am



WEEKEND MASS SCHEDULE:

Saturday: 6:30am

Saturday: 5:00pm (Livestream)

Sunday: 10:00am

Sunday: 6:00pm

ST. JOSEPH'S PARISH YOUTH

GROUP Youth Group All Youth Grades 6 - 12 are invited to join us on Saturday evenings following! For more information, please contact SJTWYouthGroup@gmail.com



Catholic Diocese of Victoria

Office of the Bishop

1-4044 Nelthorpe Street, Victoria, BC V8X 2A1 - Tel: 250-479-1331 - Fax: 250-479-5423 - Web: rodvictoria.org

January 2025

Dear People of God,

The Jubilee Year 2025, themed 'Pilgrims of Hope,' offers us a beautiful moment to highlight and celebrate the progress of our Diocesan Permanent Pastoral Synod.

As we embark on this Jubilee Year of Hope, we are called to journey together as the Pilgrim People of God, continuing to develop the graces and skills of being a truly listening Church. Walking together in the joys and challenges of life opens the Holy Doors of our hearts to receive God's gifts, and receive our neighbours, through the Holy Spirit.

The first Liturgy of the Eucharist in our Diocese was celebrated in the late 1700s by Spanish priests in Yuqout on Nootka Island, among the Mowachaht / Muchalaht First Nations. From those beginnings through to today, there has been a great diversity of cultures and people in encounter with God's word made flesh, Jesus Christ.

The first peoples indigenous to these lands, along with newcomers from many cultures, all have hope for their lives, communities, and descendants. These hopes are complex, often even contradictory and divisive. As Timothy Cardinal Radcliffe O.P. reflected on in his October 2021 pre-synod retreat for the Synod 2021-2024 Assembly:

"So we gather in hope for the Church and for humanity. But here is the difficulty: we have contradictory hopes! So how can we hope together? In this we are just like the disciples. The mother of James and John hoped they would sit on the left and the right of the Lord in glory and so displace Peter; there is rivalry even within the closest circle of Jesus' friends. Judas probably hoped for a rebellion that would throw out the Romans. Some of them probably just hoped not to get killed. But they walk on together. So what shared hope can we have at this synod?"¹

I, as the Bishop, along with priests, deacons, religious sisters and brothers, and pastoral administrators, must remain close to the people in our communities, listening to them and walking alongside them. Only together can we recognize effective ways to bring the good news and "announce the year of God's favour" (Luke 4: 18-19).

Since September 2023, through Listening Circles for parishioners, catechists, and family camp participants, and at the October 2024 Diocesan Faith Days, the Holy Spirit has affirmed the sacred gift of listening to one another and to God's word.

For the people who participated in these Listening Circles, a profound truth emerged: *"I belong. My life and faith journey matter to God and to my Church."* Moreover, many have felt inspired to say, *"I have something to share, and it is both important and sacred."*

On November 30, 2024, the Feast of St. Andrew (Apostle and martyr), Listening Facilitators from each parish, the Council of Priests, and the Bishop's Advisory Council gathered in prayer and discernment to reflect on the blueprint for the proclamation and ministry of Jesus—and, by extension, the blueprint of how the Church must look, listen, learn, and love:

¹ Timothy Cardinal Radcliffe O.P., *Listening Together: Meditations on Synodality* (Liturgical Press, 2024), 7–8.



He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

*“The Spirit of the Lord is on me,
because he has anointed me
to proclaim good news to the poor.
He has sent me to proclaim freedom for the prisoners
and recovery of sight for the blind,
to set the oppressed free,
to proclaim the year of the Lord’s favour”*

Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. He began by saying to them, “Today this scripture is fulfilled in your hearing.” (Luke 4:16-21)

From this scripture passage, the group suggested dozens of possible questions that could be explored in Listening Circles. Bishop Gary and the Synod Team met many times over the following weeks to review the questions that were proposed, listen to the Holy Spirit, and discern the questions to be used in the first cycle of the Diocesan Permanent Pastoral Synod. Eventually, the dozens of suggestions condensed down to two questions that captured the essence of almost all the questions proposed at the Plenary, either implicitly or explicitly.

These final questions—along with an optional opening question—will serve as the foundation of our Diocesan Permanent Pastoral Synod in 2025, guiding each member of the faithful to walk with greater hope throughout the Jubilee Year, and anchoring their focus on Jesus, the Anointed One:

Optional Opening Question: What is a story from your own journey of faith and life that you would like to share?

Question 1: What is your experience/connection with Christ, the Anointed One, in your faith journey?

Question 2: How have you experienced blessings and hope in your life, in your parish, in your school, in your church, or in your family?

As we look forward to the Jubilee Year of Hope and the launch of the 2025 Diocesan Permanent Pastoral Synod cycle, we journey together as Pilgrims of Hope, united by faith in Jesus Christ, the Anointed One. Within this diocesan synodal journey, Cardinal Radcliffe’s profound question—“So what shared hope can we have?”—will come to light in due time. Together, we will embrace the sacred gift of listening to the Holy Spirit and to one another, guided by love as described in 1 John 4:18: “Perfect love casts out fear.”

I warmly invite everyone in the parishes of the Diocese of Victoria, our Catholic schools, and all people of goodwill to participate in the Diocesan Permanent Pastoral Synod. Your voice, your life, and your faith are vital to our shared journey as People of Hope, united in building a thriving community together.

In Trust and Listening Grace,

Most Reverend Gary Gordon
Bishop of Victoria



WEEK OF PRAYER FOR CHRISTIAN UNITY PRAYER SERVICE

"Do you believe this?"

John 11:26

Join Christians from across
Vancouver Island to reflect on
and celebrate our common faith.
All are welcome!



January 19, 2025

3:00 pm

St. Andrew's Cathedral

740 View St, Victoria

www.youtube.com/@RCDVictoriaLiveOne/

Pastoral Care Training

Nine free online sessions

Saturdays from 9:30 am - noon

February 1 - April 5 2025 (*no session March 8*)

Session 9
**Spouse
Caregiving, Healthy
Boundaries, and
Self-Care**
Apr 5

Session 1
**Basics of
Pastoral Care**
Feb 1

Session 2
**The Healing
Ministry of Christ**
Feb 8

Session 8
**Ministry of
God's Presence
and Compassion**
Mar 29

Session 3
**Active and
Compassionate
Listening**
Feb 15

Session 7
**Bereavement:
Ministering to
Families**
Mar 22

Session 4
**Elderly Isolation,
Loneliness, and
the Journey with
Dementia**
Feb 22

Session 6
**The Grieving
Process**
Mar 15

Session 5
**Palliative Care
and the Healing
Ministry for the
Dying**
Mar 1

For further
information,
please contact:
Moira King, Chair

Diocese of Victoria Health Care Committee: moiraking@shaw.ca







“truly, i say to you, as you did it to one of the least of these my brethren, you did it to me.”


Matthew 25:40




**Hope on the Horizon is...
a multi-week homeless
outreach and leadership
program for young adults**

 Open to ages: 19-30

 Community live-in

 Help the homeless

 Grow in faith

 Mentorship

 Vancouver, BC

Make a change!

Be part of our journey
in sharing hope!



For more info and to receive more updates:

catholicstreetmissionaries.org/horizon





1000X5

1000 Books by Age Five
Children's Book Recycling Project Greater Victoria

January 27 - Family Literacy Day
...Donate books to increase early literacy

*Children are made readers on the laps of their parents.
(children's book author Emilie Buchwald)*

Cuddling and reading to your little ones shows that you value reading, builds comfort, enjoyment and early skills that last a lifetime.

Help make that true for those still to gain those habits. **January 27 is National Literacy Day.** As well as enjoying a new story with your child, please make an extra effort to drop off gently used picture books for babies and preschoolers in the drop box in the..... All very young children benefit from being read to – help make that a reality for more. Thank you for being part of 350,000 books donated over the last 14 years.



PARENT COMMUNITY

BUSINESS DIRECTORY



*Please note that any manner of association, inclusion, and participation of any Businesses within this Directory, is not an indication of endorsement by St. Joseph's Elementary School or Church Parish or any of its affiliates.



Support Local Parent Owned Businesses!

Our Business Directory is a service provided by the Parents Support Group to help fundraise for our school children and also support our local parent businesses!



DIRECTORY:

Activity & Arts

- Ponies and Paint

Financial & Legal Services

- Homeroom Bookkeeping & Income Tax

Food & Beverage

- Kung Pao Wok
- Maize Fusion Cuisine

Health & Wellness

- Chatterton Way Dental
- Eye Etiquette Optical Boutique

Photography Services

- Andrea Collins Photography

Real Estate Services

- Kamaretsos Real Estate Team

Technology Services

- Qmulus

Trades & Construction

- Lisnabreeny Plumbing Ltd.

CONTACT SJV-PSG@CISDV.BC.CA
WITH QUESTIONS ABOUT SUBSCRIPTIONS

PARENT COMMUNITY BUSINESS DIRECTORY



Activity & Arts

Ponies and Paint

Kaitlyn Hendry

poniesandpaintnights@gmail.com

Ph: 250-588-4121

poniesandpaintnights.com

Ponies and Paint Nights strives to provide a unique experience by blending art, horses, and nature in to an all-in-one experience! We do: paint nights, birthday parties, private events, wellness programs, & more! All ages welcome!



Financial & Legal Services

Homeroom Bookkeeping & Income Tax

Teya Jensen

info@homeroombookkeeping.com

Ph: 604-739-9536

www.homeroombookkeeping.com

We provide bookkeeping for all types of small businesses, payroll, GST/PST filings and Personal income tax returns.



Food & Beverage

Kung Pao Wok

Ankie Leung

kungpaowok_victoria@yahoo.ca

Ph: 778-433-8806

Chinese Food (Hillside Shopping Center)



Maize Fusion Cuisine

Cesar Ibarra

maizefusion@gmail.com

Ph: 250-590-2555

www.maizefusion.com

Restaurant: Mexican Canadian Food



PARENT COMMUNITY BUSINESS DIRECTORY



Health & Wellness

Chatterton Way Dental

Dr. Matthew Foulkes

info@chattertonwaydental.ca

Ph: 250-598-5441

chattertonwaydental.ca

At Chatterton Way Dental, your oral health is our priority. Our dedicated team makes every visit comfortable and stress-free. Experience dental care that keeps you smiling with confidence.



Eye Etiquette Optical Boutique

Carolin Roussel

carolin.etiquette@shaw.ca

Ph: 250-474-1941 and 778-432-3344

www.eyeetiquetteoptical.ca

Eye Etiquette offers a range of glasses that are sophisticated, fun, minimal to eye-catching. Our customer service award-winning optical team of licensed opticians, optometrists, and optical assistants are here to help. Providing eyewear, contact lenses, safety glasses and full eye health examinations for all ages.



Photography Services

Andrea Collins Photography

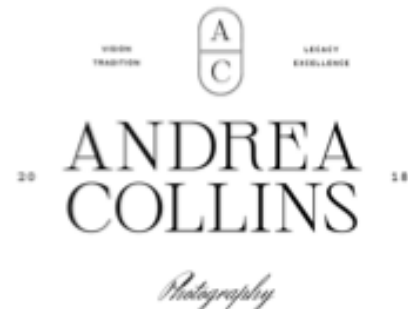
Andrea Walker Collins

info@andreacollinsphotography.com

Ph: 778-966-4623

www.andreaollinsphotography.com

Family, Wedding, Event and professional portrait photography services.



PARENT COMMUNITY BUSINESS DIRECTORY



Real Estate Services

Kamaretsos Real Estate Team | Pemberton Holmes

Michelle & Lee Kamaretsos

michelle@myvictoriarealty.com

Ph: 250-686-7590

www.myvictoriarealty.com/st-joes-parents.html

Real Estate Specialist specializing in residential, investment, and commercial properties in the Greater Victoria areas. See our dedicated link for St. Joes Parents!



Technology Services

Qmulus

Benoni Cabrera

sales@qmulusolutions.com

Ph: 250-999-5075

qmulusolutions.com

Virtual staffing, local recruitment, and technology services.



Trades & Construction

Lisnabreeny Plumbing Ltd.

Sam Payne

lisnabreenyplumbing@gmail.com

Ph: 250-889-3508

www.Lisnabreenyplumbing.ca

Plumbing repair/service, renovations, gas and cross connection device install/testing

