



St. Joseph's Catholic School

757 West Burnside Rd. - Victoria, BC V8Z 1M9

St. Joseph's School acknowledges with gratitude that we work, play and pray on the territory and traditional lands of the Lekwungen Speaking Peoples of the Songhees and Esquimalt First Nations whose historical relationship with the land continues today.

Phone: (250) 479-1232 - Fax: (250) 479-1907

Email: sjv@cisdv.bc.ca

www.stjosephschool.ca

Out of School Care, Daycare & Preschool

Phone: (250) 479-1237

Email: sjvelc@cisdv.bc.ca

<https://www.facebook.com/groups/272859616539977> (SJV Parent Support Group Page)

Newsletter
January 23rd, 2025



Living,
CELEBRATING
and Proclaiming
OUR FAITH

PRINCIPAL'S MESSAGE:



Greetings,

As you all know, St. Joseph's school is having a Professional Development Day tomorrow. I know many parents rarely hear about the reason why their child is not at school and what are those teachers doing? For your information all of our schools partake in 6 Pro D days throughout the year, some local and some system wide, with the purpose of being better educators and "sharpening the saw". There is a plethora of different areas that educators need to work on. Tomorrow there will be some of us learning more about anxiety and how to support students who struggle with feelings of fear and anxiousness. Many of us will be focusing on the broad topic of literacy. It is the backbone to most learning. One expert that will be helping us is Adrienne Gear. She is the author of many books and has great insights and practical knowledge on making our students better communicators, writers and readers. Years ago, I took one of her workshops and loved how she spoke about the difference between our "Book Reading" (decoding) and our "Brain Reading" (comprehension) and how the two must dance together. We look forward to her wisdom tomorrow.

If you are interested, please take a look at some of her presentations on YouTube and her website.

<https://www.youtube.com/watch?v=WU9U3sYoxHI&t=1s>

<https://www.readingpowergear.com/>



In Gratitude,

Glen Palahicky

Principal, St. Joseph's School

Mr. P testing the laws of physics with the Grade 6's this week.



FREE PARENT PRESENTATION

Digital Health: Helping our Children and Youth Navigate the Digital World

Tuesday, February 11th, 7:00 - 8:00 pm

Free parent presentation sponsored by our Parent Support Group. The guest speaker is Shannon Husk, a local registered clinical counsellor. Childcare will be provided! Please RSVP and register for childcare via the office or email bbella@cisdv.bc.ca.



USED UNIFORM STORE

Are you looking for a specific item or size from our collection of used uniforms? Email Teresa at teresaevanglou@yahoo.com and she will see if she has the items you are looking for.



HOMEWORK CLUB

Monday to Thursday 2:40-3:10pm.



HIGH SCHOOL APPLICATION

The deadline to drop applications at the High School is Feb. 21st.



PLEASE SLOW DOWN

With the upcoming construction this is friendly reminder to please slow down and drive carefully in the parking lot. Student safety is always our first priority.



WEEKLY SNAPSHOTS

St. Joseph's swim team is making a splash! GO TIMBERWOLVES!





TC10K

Looking for a fun way to get active and support our school community? Join the St. Joseph’s team for the Time Colonist 10K Run! It’s a great opportunity for families to get outside, get moving, and cheer each other on. Whether you’re an experienced runner or just want to walk, everyone is welcome to participate. The event includes a 10km walk/run, 1.5km Family Fun Run, and a post-race festival.

Let’s show our school spirit, stay healthy, and have a blast together. Don’t miss out—sign up today and be part of the team!

<https://raceroster.com/events/2025/95989/36th-annual-tc10k-powered-by-runsport/register?team=743662> - Early Bird deadline is Jan. 31st

GO TIMBERWOLVES!

WINTER SPORTS PRACTICES

Schedule	Mon	Tues	Wed	Thurs	Fri
8:00-8:30am	K+D Boys Volleyball (7:40-8:20)	Jr. Dance (7:40-8:30)	Prim. Dance (7:40-8:30)	Sr. Dance (7:40-8:30)	
11:55-12:25pm	B+C Girls Volleyball	Jazz Dance	D Boys Volleyball		Choir Practice
2:45-3:30pm	Musical Rehearsal	B+C Girls Volleyball (2:45-3:45)	Musical Rehearsal	K Boys Volleyball (2:45-3:30)	Musical Rehearsal

THE WOLF DEN

EVENTS 2025

UPCOMING

JAN GIRLS VOLLEYBALL
28 JAMBOREE @ ECOLE
VICTOR BRODEUR

JAN TEAM K VOLLEYBALL
30 @ ROCKHEIGHTS MS
TEAM D VOLLEYBALL
@ GLANFORD MS

JAN
31 SPORTS CIVVIES DAY!

FEB GIRLS VOLLEYBALL
11 JAMBOREE @ CEDAR HILL
MIDDLE SCHOOL

THE WOLF DEN

GRADE FIVE

Basketball

JAMBOREE

FEB
6th

Held at SMUS
Senior School

Girls

9:30-11:30 am

Boys

12:30-2:30 pm



St Joseph's Early Learning Centre
Pro D Day Care
Registration for Friday, February 7th
Deadline to register is Tuesday, February 4th.

During Pro D Days, St. Joseph's Child care offers a supervised program of activities operating from 7:30am – 5:00pm. Please pack two snacks, a full lunch and a refillable water bottle. Super Days are civies days and we will all meet in the multi-purpose room above the gym to start the day.

Program Details:

- We will spend lots of time outside, playing organized games, doing art activities and crafts, and watching a movie.

All students attending Pro- D Day care must be registered with St. Joseph's Before and/or After School Care programs

Cost: \$55 per child

Payment must be made at time of registration. E-transfers can be sent to sjv@cisdy.bc.ca
(Please include your child's name and what the transfer is for.)

Pro D Day on Friday, February 7th

Registration Date: _____

Name(s): _____

Grade(s): Child #1 _____

Child # 2 _____

Total Payment: \$ _____

WAIVER: "Accidents can be result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described above, is suitable for your child."

Parent Signature: _____



Diverse population & Centrally located



Character & Faith Formation



Amazing extra-curricular offerings



High Academic Standards

ST. JOSEPH'S KINDERGARTEN OPEN HOUSE

FEBRUARY 4TH, 5-6 PM, 757 BURNSIDE RD. W.

Come explore the indoor spaces and outdoor places where our children learn and grow! Please RSVP to 250-479-1232 to confirm attendance.

<https://stjosephschool.ca/>



ST. JOSEPH'S ELEMENTARY SCHOOL

Open House

FEBRUARY 4TH

11-12 AM

757 BURNSIDE RD. W.

COME EXPLORE THE INDOOR
SPACES AND OUTDOOR
PLACES WHERE OUR
CHILDREN LEARN
AND GROW!

Please call 250-479-1232 to
confirm attendance.





ST. ANDREW'S
REGIONAL HIGH SCHOOL

CLASS OF 2025 50/50

\$10 PER TICKET

**ONLY 2000 TICKETS
PRINTED**

contact

angelagrohovac@gmail.com



St. Joseph's Elementary School Presents

SISTER ACT JR.

Scan QR to buy tickets



Or search
"Sister Act Junior"
on [Eventbrite.ca](https://www.eventbrite.ca)

Thursday
March 6 | 6:30 pm

Friday
March 7 | 6:30 pm

Saturday
March 8 | 1 pm & 6:30 pm



BAKE SALES

1st FRIDAY OF THE MONTH

Oct 4th - Grade 7
Nov 8th - Grade 6
Dec 6th - Grade 5
Jan 10th - Grade 4

Feb 14th - Grade 3
Mar 7th - Grade 2
Apr 4th - Grade 1
May 2nd - Kindergarten



NEWS FROM THE CHANCERY



Observed globally from January 18 to 25, the Week of Prayer for Christian Unity invites Christians to pray for unity, reflect on Scripture, participate in joint worship, and engage in acts of charity. This year's theme, inspired by the 1700th anniversary of the Council of Nicaea, is "Do you believe this?" (Jn 11:26). For more information, please visit <https://www.cccb.ca/media-release/the-week-of-prayer-for-christian-unity-2025>



Join the World Religions Conference on Sunday, February 2, at 4:30 pm in the Gary Oak Room, Saanich Commonwealth Centre. Held in honour of UN World Interfaith Harmony Week, this year's theme is "Healing in a Polarized World", with speakers from eight faiths sharing their perspectives. An East Indian meal will follow, generously provided by the Ahmadiyya Muslim Community. This event is free, but registration is required: <https://worldreligionsconference.ca/upcoming-conference-2/#register>



Join Development and Peace online on Saturday, February 8, from 8:00 am–10:00 am (PST) for this year's Share Lent Workshop (also hosted in-person at St. Boniface Cathedral, Manitoba). This year's campaign, Turn Debt into Hope, highlights how partners in Peru and Tunisia are addressing poverty. Registration is required to attend: <https://tinyurl.com/yc5v79y3>



On the first anniversary of their Pastoral Letter on social media, "Let Your Speech Always Be Gracious", the Canadian Conference of Catholic Bishops has launched a video series and resources to explore its pastoral and moral insights. These materials are available for personal or group use and can be found on a new webpage dedicated to the Pastoral Letter: <https://www.cccb.ca/media-release/launch-of-video-series-and-resources-for-the-pastoral-letter-on-social-media>

ST. JOSEPH'S PARISH

WEEKDAY MASS SCHEDULE:

Monday: 6:30am

Tuesday: 6:30am and 6:00pm

Wednesday: 6:30am and 6:00pm

Thursday: 6:30am and 9:00am

Friday: 6:30am and 9:00am



WEEKEND MASS SCHEDULE:

Saturday: 6:30am

Saturday: 5:00pm (Livestream)

Sunday: 10:00am

Sunday: 6:00pm

ST. JOSEPH'S PARISH YOUTH

GROUP Youth Group All Youth Grades 6 - 12 are invited to join us on Saturday evenings following! For more information, please contact SJTWYYouthGroup@gmail.com

Pastoral Care Training

Nine free online sessions

Saturdays from 9:30 am - noon

February 1 - April 5 2025 (no session March 8)

Session 9
**Spouse
Caregiving, Healthy
Boundaries, and
Self-Care**
Apr 5

Session 1
**Basics of
Pastoral Care**
Feb 1

Session 2
**The Healing
Ministry of Christ**
Feb 8

Session 8
**Ministry of
God's Presence
and Compassion**
Mar 29

Session 3
**Active and
Compassionate
Listening**
Feb 15

Session 7
**Bereavement:
Ministering to
Families**
Mar 22

Session 4
**Elderly Isolation,
Loneliness, and
the Journey with
Dementia**
Feb 22

Session 6
**The Grieving
Process**
Mar 15

Session 5
**Palliative Care
and the Healing
Ministry for the
Dying**
Mar 1

For further
information,
please contact:
Moira King, Chair

Diocese of Victoria Health Care Committee: moiraking@shaw.ca





1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria

January 27 - Family Literacy Day
...Donate books to increase early literacy

*Children are made readers on the laps of their parents.
(children's book author Emilie Buchwald)*

Cuddling and reading to your little ones shows that you value reading, builds comfort, enjoyment and early skills that last a lifetime.

Help make that true for those still to gain those habits. **January 27 is National Literacy Day.** As well as enjoying a new story with your child, please make an extra effort to drop off gently used picture books for babies and preschoolers in the drop box in the..... All very young children benefit from being read to – help make that a reality for more. Thank you for being part of 350,000 books donated over the last 14 years.



PARENT COMMUNITY

BUSINESS DIRECTORY



*Please note that any manner of association, inclusion, and participation of any Businesses within this Directory, is not an indication of endorsement by St. Joseph's Elementary School or Church Parish or any of its affiliates.



Support Local Parent Owned Businesses!

Our Business Directory is a service provided by the Parents Support Group to help fundraise for our school children and also support our local parent businesses!



DIRECTORY:

Activity & Arts

- Ponies and Paint

Financial & Legal Services

- Homeroom Bookkeeping & Income Tax

Food & Beverage

- Kung Pao Wok
- Maize Fusion Cuisine

Health & Wellness

- Chatterton Way Dental
- Eye Etiquette Optical Boutique

Photography Services

- Andrea Collins Photography

Real Estate Services

- Kamaretsos Real Estate Team

Technology Services

- Qmulus

Trades & Construction

- Lisnabreeny Plumbing Ltd.

CONTACT SJV-PSG@CISDV.BC.CA
WITH QUESTIONS ABOUT SUBSCRIPTIONS

PARENT COMMUNITY BUSINESS DIRECTORY



Activity & Arts

Ponies and Paint

Kaitlyn Hendry

poniesandpaintnights@gmail.com

Ph: 250-588-4121

poniesandpaintnights.com

Ponies and Paint Nights strives to provide a unique experience by blending art, horses, and nature in to an all-in-one experience! We do: paint nights, birthday parties, private events, wellness programs, & more! All ages welcome!



Financial & Legal Services

Homeroom Bookkeeping & Income Tax

Teya Jensen

info@homeroombookkeeping.com

Ph: 604-739-9536

www.homeroombookkeeping.com

We provide bookkeeping for all types of small businesses, payroll, GST/PST filings and Personal income tax returns.



Food & Beverage

Kung Pao Wok

Ankie Leung

kungpaowok_victoria@yahoo.ca

Ph: 778-433-8806

Chinese Food (Hillside Shopping Center)



Maize Fusion Cuisine

Cesar Ibarra

maizefusion@gmail.com

Ph: 250-590-2555

www.maizefusion.com

Restaurant: Mexican Canadian Food



PARENT COMMUNITY BUSINESS DIRECTORY



Health & Wellness

Chatterton Way Dental

Dr. Matthew Foulkes

info@chattertonwaydental.ca

Ph: 250-598-5441

chattertonwaydental.ca

At Chatterton Way Dental, your oral health is our priority. Our dedicated team makes every visit comfortable and stress-free. Experience dental care that keeps you smiling with confidence.



Eye Etiquette Optical Boutique

Carolin Roussel

carolin.etiquette@shaw.ca

Ph: 250-474-1941 and 778-432-3344

www.eyeketiquetteoptical.ca

Eye Etiquette offers a range of glasses that are sophisticated, fun, minimal to eye-catching. Our customer service award-winning optical team of licensed opticians, optometrists, and optical assistants are here to help. Providing eyewear, contact lenses, safety glasses and full eye health examinations for all ages.



Photography Services

Andrea Collins Photography

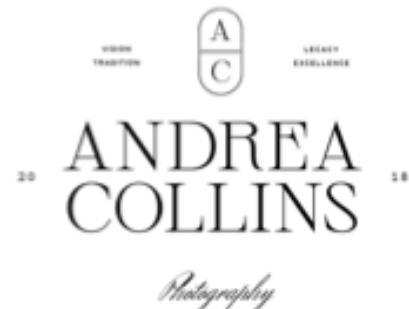
Andrea Walker Collins

info@andreacollinsphotography.com

Ph: 778-966-4623

www.andreaollinsphotography.com

Family, Wedding, Event and professional portrait photography services.



PARENT COMMUNITY BUSINESS DIRECTORY



Real Estate Services

Kamaretsos Real Estate Team | Pemberton Holmes

Michelle & Lee Kamaretsos

michelle@myvictoriarealty.com

Ph: 250-686-7590

www.myvictoriarealty.com/st-joes-parents.html

Real Estate Specialist specializing in residential, investment, and commercial properties in the Greater Victoria areas. See our dedicated link for St. Joes Parents!



Technology Services

Qmulus

Benoni Cabrera

sales@qmulusolutions.com

Ph: 250-999-5075

qmulusolutions.com

Virtual staffing, local recruitment, and technology services.



Trades & Construction

Lisnabreeny Plumbing Ltd.

Sam Payne

lisnabreenyplumbing@gmail.com

Ph: 250-889-3508

www.Lisnabreenyplumbing.ca

Plumbing repair/service, renovations, gas and cross connection device install/testing

