

St. Joseph's Catholic School

757 West Burnside Rd. - Victoria, BC V8Z 1M9

Newsletter
January 23rd, 2026

St. Joseph's School acknowledges with gratitude that we work, play and pray on the territory and traditional lands of the Lekwungen Speaking Peoples of the Songhees and Esquimalt First Nations whose historical relationship with the land continues today.

Phone: (250) 479-1232 - Fax: (250) 479-1907
Email: sjv@cisdv.bc.ca
www.stjosephschool.ca

Out of School Care, Daycare & Preschool
Phone: (250) 479-1237
Email: sjvelc@cisdv.bc.ca

<https://www.facebook.com/groups/272859616539977> (SJV Parent Support Group Page)



PRINCIPAL'S MESSAGE:

Dear Families of St. Joseph's,

I hope this message finds you well. As we move through the school year, I would like to take a moment to remind everyone about important aspects of our school's safety and uniform policies.

Firstly, I kindly remind all parents to prioritize safety in our parking lot. Please remember to slow down when entering and exiting the area and **refrain from leaving your vehicles** while in the pickup lane. There have been a few times this has backed up traffic significantly. Please kindly remind any new folks who may be picking up your kids and do not know the rules. This practice helps maintain a smooth and safe environment for all our students and staff during busy drop-off and pickup times. Your cooperation is greatly appreciated as we work together to ensure the safety of our children.

Additionally, I would like to remind everyone of our school uniform policy. It is essential that all students adhere to the guidelines provided, especially regarding the wearing of golf shirts, which are not part of our approved uniform during the winter months. I encourage you to check your child's attire before they leave home to ensure compliance with our standards. Check our online parent handbook if you are unsure of the expectations.

In an encouraging way at our assembly, I committed to wearing a tie every day until spring break as a symbol of our dedication to our uniform policy, and I hope to see our students embracing this as well. We are *Team St. Joseph's*; let's show our school spirit together!

All members of our musical, *The Lion King*, continue to rehearse hard; a big thank you to all of our amazing parents and staff for their generous service. Please get your tickets for the big show!

Thank you for your continued support and partnership in making our school a safe and positive environment for our students.

With Gratitude,

Glen Palahicky

Principal, St. Joseph's Elementary



WINTER UNIFORM CHECKLIST



WINTER UNIFORM CHECKLIST





HOT LUNCH

Hot lunch ordering for the rest of the school year is now open!

<https://stjosephs.hotlunches.net/admin/>

Please note that all orders must be submitted by Monday, Jan. 26th.

Any questions, contact Sharon at Allan_sharon@outlook.com



LION KING JR. - CALL FOR DONATIONS

Lion King Jr is looking for some items for costumes and set pieces. If you have any of the following you'd be willing to donate please send them to the office or Mrs.

Whiteside's room, or email Mrs. Whiteside at lwhiteside@cisdv.bc.ca

- white eggshell, or semi-gloss paint (partial cans are perfect!)
- fabric scissors (these can be returned)
- tent poles - any lengths
- clothes hangers with clips (for pants/skirts)
- old newspapers
- sturdy clothing rack on wheels (can be returned after show)



OUT OF SCHOOL CARE - UPCOMING DATES

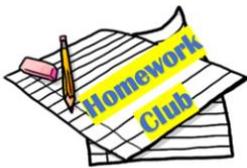
Superday Friday, February 13th

Spring Break Camp from March 16-20 and 23-27.

There will only be space for 20 children to sign up.

Sign up opens on Friday, January 23rd through School cash online.

<https://cisdv.schoolcashionline.com/>



HOMEWORK CLUB

Grades 4-7

Tuesdays & Thursdays

After school in the library 2:40-3:10pm



COME JOIN ST. JOSEPH'S TIMBERWOLVES SCHOOL TEAM ON THE 37TH ANNUAL TC10K POWERED BY RUNSPORT

Save the date: April 26th, 2026

Please register using the link: Teachers and Students of St. Joseph's School:

<https://raceroster.com/registration/e3c3756c-7276-4201-aebb-e5e6a7b1145c/entry?team=929368>

*Ensure to join the "Teachers and Students" when registering.

*Alternatively, you could register for the Thrifty Foods Family Run 1.5km

This year's theme is "Together We Soar".

*All participants will receive a t-shirt, a medal, and lots of treats at the end of the race.

EVENTS 2026

UPCOMING

**JAN
15** **KC FREETHROW
CHALLENGE
BEGINS!**

**JAN
27** **GIRLS VOLLEYBALL
GAMES @ SJS AND
ROCKHEIGHTS MS**

**JAN
29** **BOYS VOLLEYBALL
GAME @ GLANFORD
MIDDLE SCHOOL**

**JAN
30** **CANADIAN SPIRIT
CIVVIES DAY!**

THE WOLF DEN

WINTER GYM SCHEDULE

Schedule	Mon	Tues	Wed	Thurs	Fri
Before School	Boys Volleyball (7:45-8:20)	Jr. Dance (7:40-8:20)	Prim. Dance (7:40-8:20)	Sr. Dance (7:40-8:20)	
Lunch Recess	Girls Volleyball (11:55-12:25)	Jazz Dance (11:55-12:25)	Girls Volleyball (11:55-12:25)	Boys Volleyball (11:55-12:25)	
After School	Lion King Rehearsals		Lion King Rehearsals	Boys Volleyball (2:45-3:30) Swim Practice (2:45-4:30)	Lion King Rehearsals

THE WOLF DEN



Call for Nominations: School Nutrition Committee

We are inviting parents/caregivers, teachers and staff to nominate themselves to join our **School Nutrition Committee!**

PURPOSE of the committee: To promote healthy, inclusive and enjoyable food practices within St Joseph's school community.

Members will have the opportunity to share ideas, provide feedback, and help shape initiatives related to school meals, nutrition education, and wellbeing.

Some examples: organizing educational seminars on healthy eating, organizing field trips to local farms, arranging salad tasting bars, help with school garden projects and fundraisers with low or non-sugar items (to name a few projects).

MEMBERS: Diverse group of Interested parents, teachers and staff with a single student representative from grade 5 or 6.

Who can apply? Parents/Caregivers (including grandparents), Staff, Grade 5 to 6 students

What we're looking for: You don't need to be a nutrition expert—just an interest in school food and a willingness to contribute. We welcome diverse perspectives and experiences.

How to nominate yourself:

Please complete the short nomination form linked below. You'll be asked to briefly explain:

- Why are you interested in joining the School Nutrition Committee?
- What skills, experiences, or ideas could you contribute?

 **Nominations close on:** February 9, 2025

 **Nomination form:** <https://forms.gle/CQ2BWAKP74JdMuwp7>

St. Joseph's Elementary School Presents

Disney
THE
LION KING ©Disney



Scan QR or visit LionKingTix.ca for tickets



THUR
MAR 5 | 7PM

FRI
MAR 6 | 7PM

SAT
MAR 7 | 1 & 7PM

TIMBERWOLF TOQUES!

Click here to purchase and pick up in the school office:

<https://cisdv.schoolcashonline.com/Fee/Details/1016/556/False/True>

Or scan the QR code!



St Joseph's Elementary School

Timberwolf Toques

\$20

Pick up at the school office

***Grab it at School
Cash Online***





MONTHLY *Bake Sale*

First Friday of each month
with items sold for \$1 or \$2.

Classroom teachers will be
sent info prior to your class'
scheduled sale day.

Grade 7 - Oct 3rd

Grade 6 - Nov 7th

Grade 5 - Dec 5th

Grade 4 - Jan 9th

Grade 3 - Feb 6th

Grade 2 - Mar 6th

Grade 1 - Apr 10th

Kindergarten - May 1st



*A fundraiser for kids
enrichment*





ST. ANDREW'S
REGIONAL HIGH SCHOOL

INFORMATION NIGHT FOR PROSPECTIVE FAMILIES

FEBRUARY 4, 2026 6PM

Explore academic programs
and Student Life

Meet students, parents, teachers,
and leadership

Tour the facility

Learn about our community,
admissions & next steps

- ✓ Rich extracurriculars
- ✓ Safe & nurturing environment
- ✓ Faith-based approach

CONTACT US



250-479-1414



sarhs@cisdv.bc.ca



www.standrewshigh.ca



NEWS FROM THE CHANCERY

All are invited to join Catholic schools across Vancouver Island in celebrating Catholic Schools Week from February 1–7, 2026. This year's theme, "Living, Celebrating, and Proclaiming Our Faith," highlights the vibrant role of Catholic education in nurturing faith-filled communities. Information about events can be found on the events page at <https://www.rcdvictoria.org/events/february-1-7-catholic-schools-week> or by visiting your local Catholic school's website: <https://cisdv.bc.ca/schools/>

Development and Peace – Caritas Canada is hosting two workshops in the Diocese of Victoria for the upcoming 2026 Share Lent Campaign. This year's theme is "On Track for Justice," focusing on a project in Brazil. Raphael Freston, the animator for British Columbia and the Yukon, will lead the workshops. All are welcome, and please feel free to bring friends and spread the word.

- The Mid-Island workshop will be held on Friday, February 6, 2026, at Holy Trinity Parish (6224 Spartan Road, Nanaimo) from 10:00 am–12:30 pm. Mass will be celebrated at 9:00 am, followed by coffee and tea for those who wish to attend before the workshop begins.
- The South Island workshop will be held on Saturday, February 7, 2026, at Sacred Heart Parish (4040 Nelthorpe Street, Victoria) from 9:30 am–12:00 pm. A light lunch will follow.

The next application deadline for the local Indigenous Reconciliation Fund is coming up on February 15. Indigenous groups from Vancouver Island and the surrounding islands are invited to apply for funding for projects that foster good medicine for people harmed by the legacy of residential schools. For more information and the application package, please visit <https://www.rcdvictoria.org/irf> or call 250-800-3167.



ST. JOSEPH'S PARISH

WEEKDAY MASS SCHEDULE:

Monday: 6:30am
Tuesday: 6:30am and 6:00pm
Wednesday: 6:30am and 6:00pm
Thursday: 6:30am and 9:00am
Friday: 6:30am and 9:00am

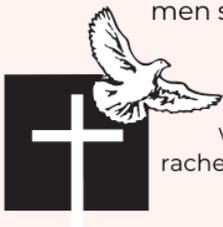
WEEKEND MASS SCHEDULE:

Saturday: 6:30am
Saturday: 5:00pm (Livestream)
Sunday: 10:00am
Sunday: 6:00pm

ST. JOSEPH'S PARISH YOUTH GROUP

Youth Group All Youth Grades 6 - 12 are invited to join us on Saturday evenings following! For more information, please contact:
SJTWYouthGroup@gmail.com

Find hope and healing at **Rachel's Vineyard:**
A safe, confidential retreat for women &
men seeking peace after abortion.



Find out more:
www.rachelsvineyardvanisland.org
rachelsvineyardvancouverisland@gmail.com



1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria

January 27 - Family Literacy Day

...Donate books to increase early literacy

***Children are made readers on the laps of their parents.
(children's book author Emilie Buchwald)***

Cuddling and reading to your little ones shows that you value reading, builds comfort, enjoyment and early skills that last a lifetime.

Help make that true for those still to gain those habits. **January 27 is National Literacy Day.** As well as enjoying a new story with your child, please make an extra effort to drop off gently used picture books for babies and preschoolers in the drop box in the..... All very young children benefit from being read to – help make that a reality for more. Thank you for being part of 380,000 books donated over the last 15 years.



Pastoral Care Training

Nine free online sessions

Saturdays from 9:30 am - noon PST

January 24 - March 28, 2026 (no session March 7)

Session 9
**Spouse
Caregiving, Healthy
Boundaries, and
Self-Care**
Mar 28

Session 1
**Basics of
Pastoral Care**
Jan 24

Session 2
**The Healing
Ministry of Christ**
Jan 31

Session 8
**Ministry of God's
Presence and
Compassion**
Mar 21

Session 3
**Active and
Compassionate
Listening**
Feb 7

Session 7
**Bereavement:
Ministering to
Families**
Mar 14

Session 4
**Elderly Isolation,
Loneliness, and
the Journey with
Dementia**
Feb 14

Session 6
**The Grieving
Process**
Feb 28

Session 5
**Palliative Care
and the Healing
Ministry for the
Dying**
Feb 21

For further
information,
please contact:
Moira King, Chair

Diocese of Victoria Health Care Committee: moiraking@shaw.ca



PARENT COMMUNITY

BUSINESS DIRECTORY



*Please note that any manner of association, inclusion, and participation of any Businesses within this Directory, is not an indication of endorsement by St. Joseph's Elementary School or Church Parish or any of its affiliates.



Support Local Parent Owned Businesses!

Our Business Directory is a service provided by the Parents Support Group to help fundraise for our school children and also support our local parent businesses!



DIRECTORY:

Activity & Arts

- Ponies and Paint

Financial & Legal Services

- Homeroom Bookkeeping & Income Tax

Food & Beverage

- Kung Pao Wok
- The New Mexican Village

Health & Wellness

- Chatterton Way Dental
- Eye Etiquette Optical Boutique

Photography Services

- Andrea Collins Photography

Real Estate Services

- Kamaretsos Real Estate Team

Technology Services

- Qmulus

Trades & Construction

- Lisnabreeny Plumbing Ltd.

CONTACT SJV-PSG@CISDV.BC.CA
WITH QUESTIONS ABOUT SUBSCRIPTIONS

PARENT COMMUNITY BUSINESS DIRECTORY



Activity & Arts

Ponies and Paint

Kaitlyn Hendry

poniesandpaintnights@gmail.com

Ph: 250-588-4121

poniesandpaintnights.com

Ponies and Paint Nights strives to provide a unique experience by blending art, horses, and nature in to an all-in-one experience! We do: paint nights, birthday parties, private events, wellness programs, & more! All ages welcome!



Financial & Legal Services

Homeroom Bookkeeping & Income Tax

Teya Jensen

info@homeroombookkeeping.com

Ph: 604-739-9536

www.homeroombookkeeping.com

We provide bookkeeping for all types of small businesses, payroll, GST/PST filings and Personal income tax returns.



Food & Beverage

Kung Pao Wok

Ankie Leung

kungpaowok_victoria@yahoo.ca

Ph: 778-433-8806

Chinese Food (Hillside Shopping Center)



The New Mexican Village

Cesar Ibarra

newmexicanvillage@gmail.com

Ph: 250-590-2555

mexicanvillage.ca

Restaurant: Mexican Canadian Food



PARENT COMMUNITY BUSINESS DIRECTORY



Health & Wellness

Chatterton Way Dental

Dr. Matthew Foulkes

info@chattertonwaydental.ca

Ph: 250-598-5441

chattertonwaydental.ca

At Chatterton Way Dental, your oral health is our priority. Our dedicated team makes every visit comfortable and stress-free. Experience dental care that keeps you smiling with confidence.



CHATTERTON WAY
DENTAL
DR. MATTHEW FOULKES INC.

Eye Etiquette Optical Boutique

Carolin Roussel

carolin.etiquette@shaw.ca

Ph: 250-474-1941 and 778-432-3344

www.eyeketiquetteoptical.ca

Eye Etiquette offers a range of glasses that are sophisticated, fun, minimal to eye-catching. Our customer service award-winning optical team of licensed opticians, optometrists, and optical assistants are here to help. Providing eyewear, contact lenses, safety glasses and full eye health examinations for all ages.



eye etiquette
OPTICAL BOUTIQUE

Photography Services

Andrea Collins Photography

Andrea Walker Collins

info@andrea.collinsphotography.com

Ph: 778-966-4623

www.andrea.collinsphotography.com

Family, Wedding, Event and professional portrait photography services.



“ ANDREA COLLINS ”

Photography

PARENT COMMUNITY BUSINESS DIRECTORY



Real Estate Services

Kamaretsos Real Estate Team | Pemberton Holmes

Michelle & Lee Kamaretsos

michelle@myvictoriarealty.com

Ph: 250-686-7590

www.myvictoriarealty.com/st-joes-parents.html

Real Estate Specialist specializing in residential, investment, and commercial properties in the Greater Victoria areas. See our dedicated link for St. Joes Parents!



Technology Services

Qmulus

Benoni Cabrera

sales@qmulusolutions.com

Ph: 250-999-5075

qmulusolutions.com

Virtual staffing, local recruitment, and technology services.



Trades & Construction

Lisnabreeny Plumbing Ltd.

Sam Payne

lisnabreenyplumbing@gmail.com

Ph: 250-889-3508

www.Lisnabreenyplumbing.ca

Plumbing repair/service, renovations, gas and cross connection device install/testing

