



St. Joseph's Catholic School

757 West Burnside Rd. - Victoria, BC V8Z 1M9

Newsletter
February 20th, 2026

St. Joseph's School acknowledges with gratitude that we work, play and pray on the territory and traditional lands of the Lekwungen Speaking Peoples of the Songhees and Esquimalt First Nations whose historical relationship with the land continues today.

Phone: (250) 479-1232 - Fax: (250) 479-1907
Email: sjv@cisdv.bc.ca
www.stjosephschool.ca

Out of School Care, Daycare & Preschool
Phone: (250) 479-1237
Email: sjvelc@cisdv.bc.ca

<https://www.facebook.com/groups/272859616539977> (SJV Parent Support Group Page)



PRINCIPAL'S MESSAGE:

Thank you sincerely for taking the time to join us for our Student-Led Conferences this week. Your presence in the school, your encouragement, and your genuine interest in your child's learning send a powerful message about the value of education and growth. The partnership between home and school is one of the greatest gifts we can offer our students, and your involvement truly makes a difference. It was wonderful to watch our students take ownership of their learning with such confidence and pride. They thoughtfully shared their goals, highlighted work they are most proud of, reflected honestly on areas for growth, and celebrated the progress they have made since the beginning of the year. Thank you for affirming their efforts and celebrating alongside them. I also want to thank our teachers for putting in the extra hours and preparation in making these conferences successful. Thank you!

This week, we also gathered as a faith community to mark the beginning of Lent on Ash Wednesday. Lent is a sacred and reflective season in the Church — forty days of prayer, fasting, and almsgiving as we prepare our hearts for the great feast of Easter. During this time, we are invited to grow closer to God and to one another through small acts of sacrifice, kindness, forgiveness, and generosity. Throughout the coming weeks, our students will participate in special prayers, classroom reflections, and opportunities for service as we journey together toward Easter. It is a meaningful time for our school to focus intentionally on compassion, gratitude, and living out our faith in everyday actions.

Finally, as proud Canadians, we are excited to cheer on Team Canada this weekend as they compete for Olympic gold in men's hockey. Events like this bring our country together in a wonderful way, and we know many of our students will be watching and cheering with great enthusiasm. Go Canada Go!

Thank you once again for your continued support, encouragement, and partnership. We are grateful for the strong sense of community that makes our St. Joseph's such a special place to learn and grow. Don't forget your *Lion King* tickets!

With Gratitude,

Glen Palahicky

Principal, St. Joseph's Elementary



RE-REGISTRATION DEADLINE!

The deadline to re-register is **MONDAY, February 23rd.**

Please note that after the re-registration deadline we will not be able to guarantee your child's placement and this makes Ms. Russell sad!

<https://docs.google.com/forms/d/e/1FAIpQLSdrKdUVqasn5x12kLr4-x3chYLjob0mXTPnThYi3jzWUL131A/viewform?usp=header>

Please complete one google form per student. *This form is only for St. Joseph's Students.*
If you need any assistance don't hesitate to contact the office – we are happy to help!



FRIENDLY REMINDER FROM THE OFFICE OF MRS. SULLIVAN

If you are planning on receiving the Practicing Catholic Tuition rate for the 2026/27 school year please ensure you complete the form and submit to office by no later than March 7th
<https://stjosephschool.ca/wp-content/uploads/2026/01/Fillable-Practicing-Catholic-Tuition-Rate-Criteria-and-Request-2026-2027-Copy-2.pdf>



SHARING KINDNESS AND CARE THIS LENT

This Lent, our students are following Pope Leo's message to "fast" from grumpy words or being unkind. Instead, we are practicing using our voices to lift each other up, both in the classroom and when we use our tablets or computers at home.

As a school family, we also want to reach out to our neighbours who may be going through a difficult time. We are asking our generous community to help us fill the shelves for the Knights of Columbus food drive. By sharing what we have, we can make sure no one in our local area goes hungry this season. Please send in your donations by Thursday, March 12 at the latest.

Suggested Items for Our Food Drive:

- Canned Goods: Veggies, fruit, soup, tuna
- Boxed Items: Pasta, rice, cereal, crackers
- Jars: Peanut butter and pasta sauce
- School Snacks: Granola bars and fruit cups



SPRING BREAK SPANISH LESSONS

Interested in Spanish for your child during spring break? One of our St. Joseph's parents will be offering a Spanish Intensive for children 7 to 10 years old in the Parish Hall: March 16th, 17th, 19th and 20th from 9:00 am to 12:00 pm. For more information, email rebk78@gmail.com



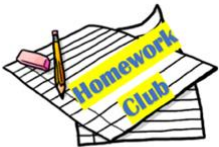
PARENT VOLUNTEER OPPORTUNITY

The Lion King Jr. is looking for volunteers, click the link for more information and to sign up. <https://signup.com/go/aQpeLPS>



OUR TINY CHEFS NEED A KITCHEN UPGRADE!

Ms. Buckie's classroom is looking to expand their dramatic play centre! If you happen to have a children's sized wooden table and chairs or an ikea (or other wooden) play kitchen that are no longer getting any love in your home, we would be delighted to take them off your hands! Please reach out to Ms. Buckie at cbuckie@cisdv.bc.ca



HOMEWORK CLUB

Grades 4-7

Tuesdays & Thursdays

After school in the *primary learning support room* 2:40-3:10

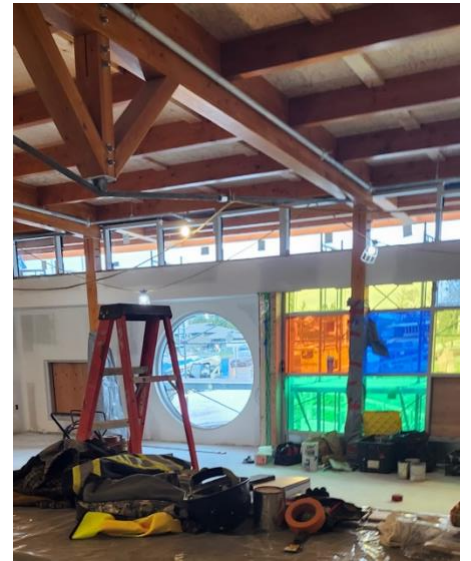
GO CANADA GO!

It's been a week filled with cheers, a few tears and plenty of Olympic spirit! Here's some of our staff and students getting into the games!



ELC SNEAK PEAK

St. Joseph's ELC admin team got a sneak peak of the new Early Learning Centre coming to life! We can't wait to welcome our little learners into this beautiful new space when it opens this summer.



GO TIMBERWOLVES!

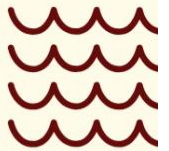
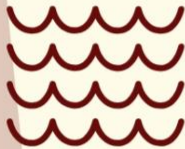
Message from the Coaches of the St. Joseph's Timberwolves Swim Team:

What a great season of swimming we've had with AMAZING 35 swimmers! We've had so much fun singing on the bus, making waves in the pool, diving off the blocks, and racing down the lanes. We are ready for our end-goal, the VISSA SWIM MEET. This meet takes place on Monday, February 23rd at Saanich Olympic Commonwealth Pool. We are super excited to see our swimmers compete!



VISSA SWIM

Jamboree



MONDAY

23 February

9:40am-1:30pm

COMMONWEALTH POOL



GO TIMBERWOLVES!



**St Joseph's After School Care
Spring Break Camp 2026**

Dear Before and After School families,

This year we are offering Spring Break Camp for 2 weeks, running from **March 16th - March 20th and March 23rd-27th, 2026**

Program Dates:

- March 16th -March 20th
- March 23rd- March 27th

Monday to Friday from 7:30-5

Program activities:

A finalized calendar will be sent home with registered families. This year, we will again be offering theme days, organized activities, and plenty of arts and crafts.



Cost:

Week #1- March 16th-20th- \$295 per child

Week #2- March 23rd- 27th- \$295 per child

To register, please complete the attached registration form and return it by email to sjvelc@cisdv.bc.ca

(Please note: Please pay through School Cash Online

Deadline: Friday, March 6th, 2026

If you have any questions, please email Susan at sjvelc@cisdv.bc.ca or Debbie at dclarke@cisdv.bc.ca.

You can also call the centre at 250-479-1237.

St. Joseph's Elementary School Presents

Disney
THE
LION KING ©Disney



Scan QR or visit LionKingTix.ca for tickets



THUR
MAR 5 | 7PM

FRI
MAR 6 | 7PM

SAT
MAR 7 | 1 & 7PM

TIMBERWOLF TOQUES!

Click here to purchase and pick up in the school office:

<https://cisdv.schoolcashonline.com/Fee/Details/1016/556/False/True>

Or scan the QR code!



St Joseph's Elementary School

Timberwolf Toques

\$20

Pick up at the school office

***Grab it at School
Cash Online***



NEWS FROM THE CHANCERY

The Canadian Conference of Catholic Bishops is hosting a series of videos for Lent titled *Journey Through Lent*. This series is meant to offer spiritual inspiration and guidance on how to prepare well for the Easter season. New videos will be released each week, you can watch the series

here: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent/>

A reminder that the schedule for *Dying to Meet You: A Tour of Hope* with Amanda Achtman is now available on the Diocesan website. Find the full schedule of events taking place from February 26 to March 8, 2026, here: <https://www.rcdvictoria.org/events/dying-to-meet-you>

Ahead of the tour, the Diocese is also seeking input from parishioners. All are encouraged to participate in this short survey: <https://forms.gle/8QRGCnUcGMQcyvKo9>



ST. JOSEPH'S PARISH

WEEKDAY MASS SCHEDULE:

Monday: 6:30am

Tuesday: 6:30am and 6:00pm

Wednesday: 6:30am and 6:00pm

Thursday: 6:30am and 9:00am

Friday: 6:30am and 9:00am

WEEKEND MASS SCHEDULE:

Saturday: 6:30am

Saturday: 5:00pm (Livestream)

Sunday: 10:00am

Sunday: 6:00pm

ST. JOSEPH'S PARISH YOUTH GROUP

Youth Group All Youth Grades 6 - 12 are invited to join us on Saturday evenings following! For more information, please contact:

SJTWYouthGroup@gmail.com

Find hope and healing at **Rachel's Vineyard:**

A safe, confidential retreat for women & men seeking peace after abortion.



Find out more:

www.rachelsvineyardvanisland.org
rachelsvineyardvancouverisland@gmail.com



LENT EVENING FOR LADIES: YOU ARE WONDERFULLY MADE



**FRIDAY,
FEBRUARY 27, 2026**



6 PM TO 8:30



**HALL AT ST. JOSEPH
THE WORKER PARISH**

753 Burnside Road West,
Victoria, BC V8Z 1M9

REGISTER NOW



WWW.MAYRACORDERO.COM/LENT

Does this sound like you?

- You begin Lent with good intentions, then feel discouraged.
- You compare yourself to others and feel like you're falling short.
- You want to pray more, but life is full—and guilt creeps in.

Here's the truth:

- God didn't make you by accident.
- And your temperament isn't a problem to fix—it's a gift to understand.

6- 7:30 PM

Workshop: "How your temperament shapes your Lent"

Discover how the temperaments God has lovingly given each of us shape the way you:

- ✓ pray
- ✓ struggle
- ✓ fast
- ✓ grow
- ✓ return to God with grace, not guilt

You'll walk away with practical, encouraging insights to live Lent more intentionally and with more peace.

Speaker: **Mayra Cordero, Certified Catholic Mindset & Emotional Coach.** Helping Catholic women bring peace into their minds, homes, and hearts.

7:30-8:30 PM

Celebration of the Heart

A joyful time of sisterhood and delight!

Bring your favorite snack (sweet or salty) and enjoy friendship, laughter, and community.

*please note date changer



Lent Penitential Service

Tuesday,
March 24, 2026

Confessions | 7:00 p.m.

At **St. Joseph The Worker Parish**
753 Burnside Road West,
Victoria, BC V8Z 1M9

Let Jesus meet you with
His mercy, healing, and love.





Zoom MARRIAGE PREPARATION COURSE

A wedding is a day, a marriage is a lifetime

JOIN US:

Date: Fri. April 17 from 7 pm–10 pm &
Sat. April 18 from 9 am–4 pm, 2026*

Location: Zoom

Cost: \$75

***Both days must be attended to
receive a Certificate of Completion**

Registration deadline: April 2, 2026

TOPICS INCLUDE:

- Children/Fruitfulness
- Sexuality/Intimacy
- Personality & Marriage
- Communication/Conflict Resolution
- Spirituality
- Wedding History & Liturgy
- Financial Management



Scan the QR code or register at:

<https://zoom-spring-2026-marriage-prep.eventbrite.ca>

For more information, please contact the
Diocese of Victoria Marriage Office at: 250-479-1331
or email: marriageprep@rcdvictoria.org



ROMAN CATHOLIC
DIOCESE OF VICTORIA



1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria



1000X5 Victoria Receives the 2025 Mel Cooper Social Innovation in Giving Award

1000X5 was so honored to have a visit and receive this award from Mrs. Cooper and the Telus Community Board on January 28. You are such a large part of why the 1000X5 project is innovative: the community helping to meet the early literacy needs for all. Thanks for helping send 380,000 books into new hands. Place your gently used books for babies and preschoolers into the pink bin in your school and help that number and more young minds grow.

PARENT COMMUNITY

BUSINESS DIRECTORY



*Please note that any manner of association, inclusion, and participation of any Businesses within this Directory, is not an indication of endorsement by St. Joseph's Elementary School or Church Parish or any of its affiliates.



Support Local Parent Owned Businesses!

Our Business Directory is a service provided by the Parents Support Group to help fundraise for our school children and also support our local parent businesses!



DIRECTORY:

Financial & Legal Services

- Homeroom Bookkeeping & Income Tax

Food & Beverage

- Kung Pao Wok

Health & Wellness

- Age Freely Fitness and Wellness
- Chatterton Way Dental
- Dr. Kirk Bartlett Orthodontist
- Dr. Maico D. Melo, Inc
- Eye Etiquette Optical Boutique

Photography Services

- Andrea Collins Photography

Real Estate Services

- Bespoke Homes Team
- Kamaretsos Real Estate Team

Technology Services

- Monk Office Supply

Trades & Construction

- End of the Roll
- Lisnabreeny Plumbing Ltd.
- Relm Projects Ltd.
- SSD Sawmill Sales Direct Ltd.

CONTACT SJV-PSG@CISDV.BC.CA
WITH QUESTIONS ABOUT SUBSCRIPTIONS

PARENT COMMUNITY BUSINESS DIRECTORY



Financial & Legal Services

Homeroom Bookkeeping & Income Tax

Teya Jensen

info@homeroombookkeeping.com

Ph: 604-739-9536

www.hrsbs.ca

We provide bookkeeping for all types of small businesses, payroll, GST/PST filings and Personal income tax returns.



Food & Beverage

Kung Pao Wok

Ankie Leung

kungpaowok_victoria@yahoo.ca

Ph: 778-433-8806

Chinese Food (Hillside Shopping Center).



Health & Wellness

Age Freely Fitness and Wellness

Nancy Falconer

nmfalconer11@gmail.com

Ph: 778-679-6288

Agefreelyfitness.com

At Age Freely Fitness and Wellness, I provide the expert guidance and compassionate support you need to lose weight, build a lean body composition, and feel strong, healthy, and empowered through perimenopause, postmenopause and beyond.



Chatterton Way Dental

Dr. Matthew Foulkes

info@chattertonwaydental.ca

Ph: 250-598-5441

chattertonwaydental.ca

At Chatterton Way Dental, your oral health is our priority. Our dedicated team makes every visit comfortable and stress-free. Experience dental care that keeps you smiling with confidence.



PARENT COMMUNITY BUSINESS DIRECTORY



Health & Wellness Continued

Dr. Kirk Bartlett Orthodontist

Dr. Kirk Bartlett
bracesdoctor@gmail.com
Ph: 250-479-4645
www.bartlettortho.com

Orthodontics for children and adults. Braces, lingual(invisible) braces and Invisalign.



**DR. KIRK
BARTLETT**

ORTHODONTIST

Dr. Maico D. Melo, Inc

Maico (Mike) Melo
drmelo2023@outlook.com
Ph: 250-727-3390
www.victoriaoralsurgery.com

Oral and Maxillofacial Surgeon specializing in dental extractions including wisdom teeth with sedation dental implants.



Dr. Maico D. Melo, Inc.

3939 Quadra St, Suite 302
Victoria, BC V8X 1J5
www.victoriaoralsurgery.com

Eye Etiquette Optical Boutique

Carolin Roussel
carolin.etiquette@shaw.ca
Ph: 250-474-1941 and 778-432-3344
www.eyeetiquetteoptical.ca

Eye Etiquette offers a range of glasses that are sophisticated, fun, minimal to eye-catching. Our customer service award-winning optical team of licensed opticians, optometrists, and optical assistants are here to help. Providing eyewear, contact lenses, safety glasses and full eye health examinations for all ages.



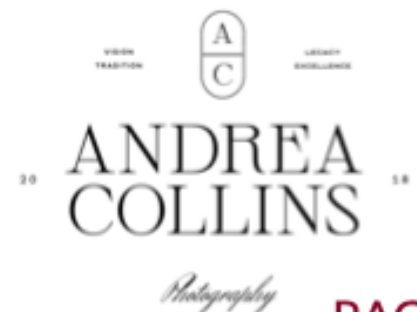
eye etiquette
OPTICAL BOUTIQUE

Photography Services

Andrea Collins Photography

Andrea Walker Collins
info@andrea.collinsphotography.com
Ph: 778-966-4623
www.andrea.collinsphotography.com

Family, Wedding, Event and professional portrait photography services.



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PARENT COMMUNITY BUSINESS DIRECTORY



Real Estate Services

Bespoke Homes Team | Engel & Völkers Vancouver Island

Marlon Murr

marlon.murr@evrealestate.com

Ph: 778-679-7755

www.BespokeHomesTeam.ca

Residential and Commercial Real Estate Services.

ENGEL & VÖLKERS®
BESPOKE HOMES TEAM

Kamaretsos Real Estate Team | Pemberton Holmes

Michelle & Lee Kamaretsos

michelle@myvictoriarealty.com

Ph: 250-686-7590

www.myvictoriarealty.com/st-joes-parents.html

Supporting families with expert guidance in residential, investment, and commercial properties. Explore our exclusive link just for St. Joe's parents!



kamaretsos
real estate team

Technology Services

Monk Office Supply

Adam Taft

adam.taft@monk.ca

Ph: 250-384-0565

monk.ca

Office Products, Furniture, Technology and Copiers/Printers.

Monk Office

Trades & Construction

End of the Roll

Dan Facey

dan.facey@endoftheroll.com

Ph: 250-386-8883

endoftheroll.com/victoria

We supply and install all types of floor coverings including Hardwood, Laminate, Vinyl plank, Sheet Vinyl, Carpet, and Ceramic Tile.



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PARENT COMMUNITY BUSINESS DIRECTORY



Trades & Construction Continued

Lisnabreeny Plumbing Ltd.

Sam Payne

lisnabreenyplumbing@gmail.com

Ph: 250-889-3508

www.Lisnabreenyplumbing.ca

Plumbing repair/service, renovations, gas and cross connection device install/testing.



Relm Projects Ltd.

Gabe Forrester, PMP GSC

gforrester@oppel.ca

Ph: 778-679-6288

Relmprojects.ca

Specializing in Construction and Project Management services for Owners, Developers, and Stakeholders. They manage industrial, municipal, commercial, and multi-family projects across Vancouver Island, focusing on quality, collaboration, and results.



SSD Sawmill Sales Direct Ltd.

Rick St.Denis

sales@sawmillsales.ca

Ph: 250-245-2499

www.sawmillsales.ca

We mill Western Red Cedar, Yellow Cedar and Douglas Fir. We built Fence Panels and Mill Cedar Siding.

