

## St. Joseph's Catholic School

757 West Burnside Rd. - Victoria, BC V8Z 1M9

Newsletter  
February 6<sup>th</sup>, 2026

*St. Joseph's School acknowledges with gratitude that we work, play and pray on the territory and traditional lands of the Lekwungen Speaking Peoples of the Songhees and Esquimalt First Nations whose historical relationship with the land continues today.*

Phone: (250) 479-1232 - Fax: (250) 479-1907  
Email: [sjv@cisdv.bc.ca](mailto:sjv@cisdv.bc.ca)  
[www.stjosephschool.ca](http://www.stjosephschool.ca)

Out of School Care, Daycare & Preschool  
Phone: (250) 479-1237  
Email: [sjvel@cisdv.bc.ca](mailto:sjvel@cisdv.bc.ca)

<https://www.facebook.com/groups/272859616539977> (SJV Parent Support Group Page)



### PRINCIPAL'S MESSAGE:

Dear Families of St. Joseph's,

Catholic Schools Week has been a joyful celebration of faith, community, and the many blessings of our school, and I am so grateful to everyone who helped make it such a success.

This week was highlighted by so many wonderful moments of togetherness: our community-building picnic lunch, our beautiful school Mass, the Kindergarten Open House welcoming potential, future members of our school family, and the much-anticipated staff versus Grade 7 volleyball game—which brought plenty of laughs, cheers, and school spirit! Staff were victors in a close 21-19 finish! Our students also enjoyed participating in daily Catholic trivia, with one lucky winner each day earning a free pizza. What a fun way to learn and celebrate our faith.

We hope you enjoyed the small appreciation treat we shared with you this morning during drop-off as a simple thank-you. Most importantly, thank you for entrusting your children to our care each day. It is a privilege to partner with you in their faith formation, learning, and growth.

As we look ahead, excitement is already building—our school musical is coming fast! I challenge each of you to invite a friend, neighbor, or co-worker to come out and enjoy our production of *The Lion King*. It promises to be a wonderful showcase of our students' talents and teamwork.

Thank you for being such an important part of our Catholic school community. May we continue to grow together in faith, hope, and love.

With Gratitude,

*Glen Palahicky*

Principal, St. Joseph's Elementary

## STUDENT LED CONFERENCES

As we approach the upcoming Student Led Conferences here is information around scheduling your appointments.

Meeting Dates:

**Wednesday, Feb. 18th and Thursday, Feb. 19th**

**3:00pm - 6:00pm**

How to Schedule:

1. Online Booking: We will be using the 'School Appointments' scheduling platform. You can access the scheduling link here: <https://stjoseph.schoolappointments.com/>
2. Please see the attached pdf for step-by-step instructions. Please note the last day to schedule an appointment is **Monday, Feb. 16.**
3. Available Time Slots: Please choose a time slot that works best for you. Slots are available on a first-come, first-served basis, so we encourage you to book early.  
Grades K-2: Four families will be able to book during each 30 min. timeslot.  
Grades 3-7: Six families will be about to book during each 30 min. timeslot.

If You Need Assistance:

If you have any questions or need help scheduling, please feel free to reach out at [svj@cisdv.bc.ca](mailto:svj@cisdv.bc.ca)

Our teachers are looking forward to seeing you. Please know that your child will be leading the meeting, sharing their learning and naming some goals. As other families might be present the teacher will not be facilitating each meeting; that is the responsibility of the student. Thank you!

## RE-REGISTRATION TIME!

It's time to re-register your child(ren) for next year. We have waiting lists for almost every grade so it's helpful and important for us to know your plans for the upcoming school year. Please note that after the re-registration deadline we will not be able to guarantee your child's placement.

**PLEASE NOTE: The deadline to re-register is February 23rd.**

<https://docs.google.com/forms/d/e/1FAIpQLSdrKdUVqasn5x12kLr4-x3chYLjob0mXTPnThYi3jzWUL131A/viewform?usp=header>

Please complete **one google form per student**. *This form is only for St. Joseph's Students.*  
If you need any assistance don't hesitate to contact the office – we are happy to help!



## NO SCHOOL

Friday, Feb. 13<sup>th</sup> Pro-D day  
Monday, Feb. 16<sup>th</sup> Family Day



## GRADE 7 STUDENT INITIATIVE - SPREAD THE LOVE: BAKE SALE CAFÉ

Wednesday, Feb. 11<sup>th</sup> 7:45-8:30am in front of the school.

Please note - all proceeds after expenses will be going to Anawim House directly.  
Coffee and Hot Chocolate along with baked goods will be available. Please come out and "Spread the Love" Thank you!



## ST. VALETINE'S CIVVIES DAY

Thursday, Feb. 12<sup>th</sup>

Students are invited to wear red, white, pink and clothes they love!



## THE LION KING IS LOOKING...

The Lion King Jr is looking to borrow a few items. If you have any of the following that you would be willing to lend, we would love to borrow them and will return them after the play. They will be well taken care of. You can drop them off at the office, or to Mrs. Fallow's or

Mrs. Whiteside's classroom. If you have any questions just email us at [lwhiteside@cisdv.bc.ca](mailto:lwhiteside@cisdv.bc.ca) or [jfallow@cisdv.bc.ca](mailto:jfallow@cisdv.bc.ca) .Thank you!

- Baskets, similar to those seen below
- Water jug, similar to those seen below



## OUT OF SCHOOL CARE - UPCOMING DATES

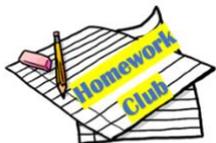
Superday Friday, February 13<sup>th</sup>

Spring Break Camp from March 16-20 and 23-27.

There will only be space for 20 children to sign up.

Registration should be attached to your child's school cash online profile but only if they are already registered for Out of School Care programs.

<https://cisdv.schoolcashionline.com/>



## HOMEWORK CLUB

Grades 4-7

Tuesdays & Thursdays

After school in the *primary learning support room* 2:40-3:10pm



Thanks to Mrs. Amos for this delightful portrait of our staff around the table!

## CATHOLIC SCHOOLS WEEK HIGHLIGHTS!

The grade 7's showed great teamwork and sportsmanship under sunny blue skies, but couldn't quite overcome Team Teacher at Thursday's Grade 7 vs. Staff Volleyball game.



Blankets, lunches and lots of laughter – our school picnic lunch together in the gym was a big hit!



Thank you to Mme. Souza for organizing our vibrant whole-school display for Mardi Gras display.

Thank you Zoe in grade 3 for these kind words about our school community!

## What I like about our School

Our school is a Catholic School. We welcome everyone to our school. We do our best and grow together. We learn and make friends. We have awesome teachers! We have sports and activities. My School has gym and music to do. Our School chooses kindness, love and care and everybody is thoughtful!

When people are hungry they have extra food.

They make sure we are safe. Everyone is special! I am so happy I'm in this school.





# COME JOIN ST. JOSEPH'S TIMBERWOLVES SCHOOL TEAM ON THE 37TH ANNUAL TC10K POWERED BY RUNSPORT

Save the date: April 26th, 2026

Please register using the link: Teachers and Students of St. Joseph's School:

<https://raceroster.com/registration/e3c3756c-7276-4201-aebb-e5e6a7b1145c/entry?team=929368>

\*Ensure to join the "Teachers and Students" when registering.

\*Alternatively, you could register for the Thrifty Foods Family Run 1.5km

This year's theme is "Together We Soar".

\*All participants will receive a t-shirt, a medal, and lots of treats at the end of the race.

## WINTER GYM SCHEDULE

Schedule	Mon	Tues	Wed	Thurs	Fri
Before School	Boys Volleyball (7:45-8:20)	Jr. Dance (7:40-8:20)	Prim. Dance (7:40-8:20)	Sr. Dance (7:40-8:20)	
Lunch Recess	Girls Volleyball (11:55-12:25)	Jazz Dance (11:55-12:25)	Girls Volleyball (11:55-12:25)	Boys Volleyball (11:55-12:25)	
After School	Lion King Rehearsals		Lion King Rehearsals	Boys Volleyball (2:45-3:30) Swim Practice (2:45-4:30)	Lion King Rehearsals

# THE WOLF DEN

# EVENTS 2026

UPCOMING

**FEB**

**10**

**GIRLS VOLLEYBALL  
HOME GAME IN  
THE WOLF DEN!**

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**FEB**

**12**

**BOYS VOLLEYBALL  
HOME GAME IN  
THE WOLF DEN!**

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**FEB**

**17**

**GIRLS VOLLEYBALL  
GAME @  
ROCKHEIGHTS MS**

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**FEB**

**23**

**VISSA SWIM MEET @  
COMMONWEALTH  
POOL**

**THE WOLF DEN**

Wednesday, February 11, 2026  
from 7:45 am- 8:30 am

**Valentines Day**

**Bake Sale:**

**'Spread the Love'**

*Anawim House*

*Fundraiser*





## Call for Nominations: School Nutrition Committee

We are inviting parents/caregivers, teachers and staff to nominate themselves to join our **School Nutrition Committee!**

**PURPOSE of the committee: To promote healthy, inclusive and enjoyable food practices within St Joseph's school community.**

Members will have the opportunity to share ideas, provide feedback, and help shape initiatives related to school meals, nutrition education, and wellbeing.

Some examples: organizing educational seminars on healthy eating, organizing field trips to local farms, arranging salad tasting bars, help with school garden projects and fundraisers with low or non-sugar items (to name a few projects).

**MEMBERS:** Diverse group of Interested parents, teachers and staff with a single student representative from grade 5 or 6.

**Who can apply?** Parents/Caregivers (including grandparents), Staff, Grade 5 to 6 students

**What we're looking for:** You don't need to be a nutrition expert—just an interest in school food and a willingness to contribute. We welcome diverse perspectives and experiences.

**How to nominate yourself:**

Please complete the short nomination form linked below. You'll be asked to briefly explain:

- Why are you interested in joining the School Nutrition Committee?
- What skills, experiences, or ideas could you contribute?

 **Nominations close on:** February 9, 2025

 **Nomination form:** <https://forms.gle/CQ2BWAKP74JdMuwp7>

St. Joseph's Elementary School Presents

Disney  
**THE**  
**LION KING** ©Disney



Scan QR or visit [LionKingTix.ca](https://LionKingTix.ca) for tickets



**THUR**  
**MAR 5 | 7PM**

**FRI**  
**MAR 6 | 7PM**

**SAT**  
**MAR 7 | 1 & 7PM**

## TIMBERWOLF TOQUES!

Click here to purchase and pick up in the school office:

<https://cisdv.schoolcashonline.com/Fee/Details/1016/556/False/True>

Or scan the QR code!



St Joseph's Elementary School

# Timberwolf Toques

**\$20**

Pick up at the school office

***Grab it at School  
Cash Online***



Wednesday, February 11, 2026  
from 7:45 am- 8:30 am

**Valentines Day**

**Bake Sale:**

**'Spread the Love'**

*Anawim House*

*Fundraiser*





**ST. JOSEPH'S ELEMENTARY  
SCHOOL AND EARLY  
LEARNING CENTRE'S  
Ready, Set, Learn Event**  
for 3-5 year olds and their grown-ups  
**WEDNESDAY, FEBRUARY 11, 3:30-5 PM**  
**757 BURNSIDE RD. W.**

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**COME EXPLORE THE INDOOR SPACES  
AND OUTDOOR PLACES WHERE  
STUDENTS LEARN AND GROW!**

Please call 250-479-1232 by February 5<sup>th</sup>  
to confirm attendance

St. Joseph's Elementary School and Early Learning Centre



## NEWS FROM THE CHANCERY

Bishop Gary Gordon has written a Pastoral Letter to the people of the Diocese announcing the questions for the 2026 Diocesan Permanent Pastoral Synod cycle and inviting all to participate. The Bishop encourages the faithful to reflect, pray, and engage in this important process. Please find his letter here: <https://www.rcdvictoria.org/news/bishops-february-dpps-2026-pastoral-letter>

Bishop Gary Gordon has shared a Message of Gratitude for the 2025 Bishop's Appeal, thanking the faithful for their prayers, generosity, and love for the Church. Through this collective support, the Appeal not only reached its \$900,000 goal but was blessed with over \$1,000,000 in gifts. Please find his message here: <https://www.rcdvictoria.org/news/bishop-gary-gordons-message-of-gratitude-for-the-2025-bishops-appeal>

The Rite of Election Mass will take place on February 22, 2026, at 2:00 pm at St. Andrew's Cathedral. During this liturgical rite, catechumens—those preparing to join the Church through baptism, confirmation, and the Eucharist at Easter—are presented to the Bishop. All are welcome to participate in person or via the livestream at: [https://www.youtube.com/watch?v=1c1\\_0CETMyw](https://www.youtube.com/watch?v=1c1_0CETMyw)

In the spirit of Lent and Truth and Reconciliation, the CWL of Sacred Heart Parish invites parishioners to participate in a KAIROS Blanket Exercise on Saturday, March 7, from 9:30 am to 12:00 pm in the parish hall. This powerful, interactive experience explores 500 years of historic and present-day relationships between Indigenous and non-Indigenous peoples in Canada, guided by trained facilitators. A coffee break and a reflective debrief in a talking circle will follow; for more information, please contact Margie Noonan at [margielnoonan@gmail.com](mailto:margielnoonan@gmail.com) or 250-589-6313.

Mount Joy in Sooke is hosting a residential icon-writing retreat led by Kathleen van der Sande from March 16–21, 2026 (Monday to Saturday). Participants will learn the spiritual and artistic tradition of Eastern Church iconography through guided instruction and hands-on egg tempera painting, completing an icon of Mary, Mother of God, in a setting of prayer, silence, and community. No artistic experience is required; the cost is \$585 and includes five nights' accommodation, meals, and all supplies. For more information or to register, please contact Anna-Marie and Barnabas Ney at [mountjoyretreats@gmail.com](mailto:mountjoyretreats@gmail.com). Registration deadline is March 9, 2026.

## ST. JOSEPH'S PARISH

### WEEKDAY MASS SCHEDULE:

Monday: 6:30am

Tuesday: 6:30am and 6:00pm

Wednesday: 6:30am and 6:00pm

Thursday: 6:30am and 9:00am

Friday: 6:30am and 9:00am



### WEEKEND MASS SCHEDULE:

Saturday: 6:30am

Saturday: 5:00pm (Livestream)

Sunday: 10:00am

Sunday: 6:00pm

## ST. JOSEPH'S PARISH YOUTH GROUP

Youth Group All Youth Grades 6 - 12 are invited to join us on Saturday evenings following! For more information, please contact: [SJTWYYouthGroup@gmail.com](mailto:SJTWYYouthGroup@gmail.com)

Find hope and healing at **Rachel's Vineyard:**

A safe, confidential retreat for women & men seeking peace after abortion.



Find out more:

[www.rachelsvineyardvanisland.org](http://www.rachelsvineyardvanisland.org)  
[rachelsvineyardvancouverisland@gmail.com](mailto:rachelsvineyardvancouverisland@gmail.com)



# LENT EVENING FOR LADIES: YOU ARE WONDERFULLY MADE



**FRIDAY,  
FEBRUARY 27, 2026**



**6 PM TO 8:30**



**HALL AT ST. JOSEPH  
THE WORKER PARISH**

753 Burnside Road West,  
Victoria, BC V8Z 1M9

**REGISTER NOW**



[WWW.MAYRACORDERO.COM/LENT](http://WWW.MAYRACORDERO.COM/LENT)

## Does this sound like you?

- You begin Lent with good intentions, then feel discouraged.
- You compare yourself to others and feel like you're falling short.
- You want to pray more, but life is full—and guilt creeps in.

## Here's the truth:

- God didn't make you by accident.
- And your temperament isn't a problem to fix—it's a gift to understand.

**6- 7:30 PM**

### Workshop: "How your temperament shapes your Lent"

Discover how the temperaments God has lovingly given each of us shape the way you:

- ✓ pray
- ✓ struggle
- ✓ fast
- ✓ grow
- ✓ return to God with grace, not guilt

You'll walk away with practical, encouraging insights to live Lent more intentionally and with more peace.

Speaker: **Mayra Cordero, Certified Catholic Mindset & Emotional Coach.** Helping Catholic women bring peace into their minds, homes, and hearts.

**7:30-8:30 PM**

### Celebration of the Heart

A joyful time of sisterhood and delight!

**Bring your favorite snack** (sweet or salty) and enjoy friendship, laughter, and community.



# 1000X5

1000 Books by Age Five

Children's Book Recycling Project Greater Victoria



## **1000X5 Victoria Receives the 2025 Mel Cooper Social Innovation in Giving Award**

1000X5 was so honored to have a visit and receive this award from Mrs. Cooper and the Telus Community Board on January 28. You are such a large part of why the 1000X5 project is innovative: the community helping to meet the early literacy needs for all. Thanks for helping send 380,000 books into new hands. Place your gently used books for babies and preschoolers into the pink bin in your school and help that number and more young minds grow.

## PARENT COMMUNITY

# BUSINESS DIRECTORY



\*Please note that any manner of association, inclusion, and participation of any Businesses within this Directory, is not an indication of endorsement by St. Joseph's Elementary School or Church Parish or any of its affiliates.



### Support Local Parent Owned Businesses!

Our Business Directory is a service provided by the Parents Support Group to help fundraise for our school children and also support our local parent businesses!



## DIRECTORY:

### Activity & Arts

- Ponies and Paint

### Financial & Legal Services

- Homeroom Bookkeeping & Income Tax

### Food & Beverage

- Kung Pao Wok
- The New Mexican Village

### Health & Wellness

- Chatterton Way Dental
- Eye Etiquette Optical Boutique

### Photography Services

- Andrea Collins Photography

### Real Estate Services

- Kamaretsos Real Estate Team

### Technology Services

- Qmulus

### Trades & Construction

- Lisnabreeny Plumbing Ltd.

CONTACT [SJV-PSG@CISDV.BC.CA](mailto:SJV-PSG@CISDV.BC.CA)  
WITH QUESTIONS ABOUT SUBSCRIPTIONS

# PARENT COMMUNITY BUSINESS DIRECTORY



## Activity & Arts

### Ponies and Paint

Kaitlyn Hendry

[poniesandpaintnights@gmail.com](mailto:poniesandpaintnights@gmail.com)

Ph: 250-588-4121

[poniesandpaintnights.com](http://poniesandpaintnights.com)

*Ponies and Paint Nights strives to provide a unique experience by blending art, horses, and nature in to an all-in-one experience! We do: paint nights, birthday parties, private events, wellness programs, & more! All ages welcome!*



## Financial & Legal Services

### Homeroom Bookkeeping & Income Tax

Teya Jensen

[info@homeroombookkeeping.com](mailto:info@homeroombookkeeping.com)

Ph: 604-739-9536

[www.homeroombookkeeping.com](http://www.homeroombookkeeping.com)

*We provide bookkeeping for all types of small businesses, payroll, GST/PST filings and Personal income tax returns.*



## Food & Beverage

### Kung Pao Wok

Ankie Leung

[kungpaowok\\_victoria@yahoo.ca](mailto:kungpaowok_victoria@yahoo.ca)

Ph: 778-433-8806

*Chinese Food (Hillside Shopping Center)*



### The New Mexican Village

Cesar Ibarra

[newmexicanvillage@gmail.com](mailto:newmexicanvillage@gmail.com)

Ph: 250-590-2555

[mexicanvillage.ca](http://mexicanvillage.ca)

*Restaurant: Mexican Canadian Food*



# PARENT COMMUNITY BUSINESS DIRECTORY



## Health & Wellness

### Chatterton Way Dental

Dr. Matthew Foulkes

[info@chattertonwaydental.ca](mailto:info@chattertonwaydental.ca)

Ph: 250-598-5441

[chattertonwaydental.ca](http://chattertonwaydental.ca)

*At Chatterton Way Dental, your oral health is our priority. Our dedicated team makes every visit comfortable and stress-free. Experience dental care that keeps you smiling with confidence.*



### Eye Etiquette Optical Boutique

Carolin Roussel

[carolin.etiquette@shaw.ca](mailto:carolin.etiquette@shaw.ca)

Ph: 250-474-1941 and 778-432-3344

[www.eyeketiquetteoptical.ca](http://www.eyeketiquetteoptical.ca)

*Eye Etiquette offers a range of glasses that are sophisticated, fun, minimal to eye-catching. Our customer service award-winning optical team of licensed opticians, optometrists, and optical assistants are here to help. Providing eyewear, contact lenses, safety glasses and full eye health examinations for all ages.*



## Photography Services

### Andrea Collins Photography

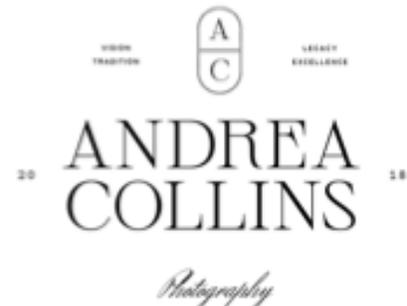
Andrea Walker Collins

[info@andrea.collinsphotography.com](mailto:info@andrea.collinsphotography.com)

Ph: 778-966-4623

[www.andrea.collinsphotography.com](http://www.andrea.collinsphotography.com)

*Family, Wedding, Event and professional portrait photography services.*



# PARENT COMMUNITY BUSINESS DIRECTORY



## Real Estate Services

### Kamaretsos Real Estate Team | Pemberton Holmes

Michelle & Lee Kamaretsos

[michelle@myvictoriarealty.com](mailto:michelle@myvictoriarealty.com)

Ph: 250-686-7590

[www.myvictoriarealty.com/st-joes-parents.html](http://www.myvictoriarealty.com/st-joes-parents.html)

*Real Estate Specialist specializing in residential, investment, and commercial properties in the Greater Victoria areas. See our dedicated link for St. Joes Parents!*



## Technology Services

### Qmulus

Benoni Cabrera

[sales@qmulusolutions.com](mailto:sales@qmulusolutions.com)

Ph: 250-999-5075

[qmulusolutions.com](http://qmulusolutions.com)

*Virtual staffing, local recruitment, and technology services.*



## Trades & Construction

### Lisnabreeny Plumbing Ltd.

Sam Payne

[lisnabreenyplumbing@gmail.com](mailto:lisnabreenyplumbing@gmail.com)

Ph: 250-889-3508

[www.Lisnabreenyplumbing.ca](http://www.Lisnabreenyplumbing.ca)

*Plumbing repair/service, renovations, gas and cross connection device install/testing*

